



labyrinths
- Mazes -



Below, we present a series of 44 mazes:

- The mazes are designed for adults and children and are meant as visual exercises with an eye patch or a red filter.

This PDF is designed to be printable or editable online so you can make the mazes online.

- Print: Preferably in color if the red filter is used.
- Edit: If you want to edit the PDF and make the mazes online-> Learn how to make Mazes Online: [How To Edit A PDF To Make Mazes Online](#).

How to use these mazes as visual exercises:

1. With an eye patch: We cover the dominant eye to work on the Lazy Eye. Our pencil color is irrelevant since we are not using any color-blocking system.
 2. With a red filter patch or anaglyph glasses: By using a red filter, the vision of the dominant eye is suppressed: The walls of the colored mazes can only be seen with the amblyopic eye.
 - Mazes with black walls: Here, you need to use a red color pencil (or similar) blocked by the red filter. (Check by covering the amblyopic eye with your hand to verify that this color is not seen through the red filter).
 - Mazes with walls in pinkish/soft red color: To increase the difficulty, we can use the red pencil, in addition to the red filter, to see both the path as well as the walls, only with the amblyopic eye.
- Please review the contents of this PDF with your trusted optometrist so they can assess whether these visual exercises are suitable for you or your family.





















































